

Eco-Friendly Stain Busters

Quick eco-friendly fixes to your biggest stains

Blood:

Soak the garment in cold, salty water or sprinkle with meat tenderizer on the dampened stain. For really tough stains, soak in hydrogen peroxide.

Chocolate:

Soak in warm, soapy water or soak in a borax solution and rinse with cold water.

Coffee or Tea: Spot-clean with cool water or vinegar or try an enzyme-based cleaner.

Grass:

Rub the stain with hydrogen peroxide.

Grease:

Apply dry cornmeal (or cornstarch) to the spot and let sit for 20 minutes. Once you shake it off, the stain should be gone.

Gum:

Put the piece of clothing in the freezer for several hours. Once cold, you should be able to peel off the gum.

Ink:

Soak in milk or vinegar.

Makeup:

Carefully put few drops of glycerin on the stain and scrape off. Pretreat with your regular laundry detergent and wash in warm water.

Perspiration:

Use your shampoo—it is designed to remove body oils.

Red Wine:

Spot clean or soak in cool water. You can also use vinegar, sodium perborate or glycerin before pretreating with your laundry detergent.

Tomato Sauce:

Flush with cold water and pretreat with your laundry detergent. After a few minutes, rinse well and sponge with white vinegar. Repeat as needed.

Find more great tips and ideas on our blog at GreenHouseEcoCleaning.com